

222 Vegan Cuisine - 222 North End road - London W14 9NU
 tel: +44(0)207 381 2322 - info@222vegan.com - www.222vegan.com

Starters

- Soup of The Day** £5.50
 served with house-baked gluten-free bread & extra virgin olive oil
- Pure Avocado Soup (N/C/Raw)** £5.50
 chilled & herbed avocado soup
- Cauliflower & Polenta Bakes** £6.50
 served with a pistachio(N) & olive tapenade
- Heart's Desire (Se)** £6.50
 sautéed artichoke hearts served with roasted pepper sauce
- Bean & Tofu Pancake (S/C)** £6.50
 served with tomato sauce & mayo
- Mezze Selection** £6.50
 guacamole, hummus(Se) & pimento(N) dips served with house-baked gluten-free bread
- Almond Cheese (N/Raw)** £6.50
 soft nut cheese with herbs, raw crackers(M), pitted olive & julienned vegetables

Sides

- Oven-Baked Chips** £4.00
- Baked Plantain** £4.00
- Garlic Bread (G)** £3.00

Salads

- Kale & Tomato Salad (S/Se)** £5.00
 in a tahini dressing
- Beetroot & Leaf Salad (S)** £5.00
 in a horseradish dressing
- Spinach & Avocado Salad (S/Raw)** £5.00
 in an olive oil & lemon dressing
- Coleslaw (S/Raw)** £3.00

Mains

- Ben's Special (Se)**
£12.00
 vegetable stir-fry with a choice of seitan(G) and/or marinated tofu(S) served with organic brown rice or gluten-free noodles
- Oyster Mushroom & Spinach Raclette (N/S/Se/C)**
£12.00
 spinach & tofu cottage cheese on roasted potato, creamy sauce & sautéed oyster mushrooms
- Seitan Stroganoff (N/Se/C/G)**
£12.00
 seitan, cashew cream & mushrooms served with organic brown rice
- 222 Fresh Burger**
£12.00
 asparagus & petit pois burger on house-bake gluten-free bread served with chips, salad(S) & mayo(S)
- Egusi (N)**
£12.00
 traditional African dish made from pumpkin & melon seeds served with salad(S) & a choice of organic brown rice or oven-baked chips
- Spaghetti Polpette (C)**
£10.50
 (£6.00 for kids portion)
 gluten-free pasta in roasted tomato sauce topped with quinoa & spinach balls
- Chef's Salad (S/Se)**
£12.00
 seasonal vegetables with avocado, pitted olive & marinated artichoke in house-made dressing
- Raw Chef's Salad (S/Se/Raw)**
£12.00
 seasonal vegetables with avocado, pitted olive & beetroot in house-made dressing
- Pumpkin & Courgette Noodle Salad (S/Se/Raw)**
£12.00
 pumpkin & courgette noodles in creamy chickpea & ginger dressing topped with fresh coconut(N)

All dishes are 100% vegan. Gluten-free, except where stated.

Allergen key - G: Gluten, N: Nuts, S: Soybeans, Se: Sesame, C: Celery, M: Mustard

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Desserts

Cheesecake of The Day (N/S) £6.50

gluten-free cheesecake made with almonds, chestnut purée & tofu

Apple Crumble £6.50

served warm with ice cream(S) or coconut whipped cream(N)

222 Pancake (S) £6.50

house-made pancake served with vanilla ice cream, vanilla custard & chocolate custard

Banana Cake £6.00

served warm with ice cream(S) or coconut whipped cream(N)

Chocolate Gateau (G) £6.50

served warm with ice cream(S) or coconut whipped cream(N)

Maple-Roasted Pineapple (N) £6.50

served warm with vanilla ice cream(S)

Ice Cream (S) £4.50

selection of flavours (3 scoops)

Hot Drinks

Teapigs Organic Tea £2.50

Earl Grey / English Breakfast / Chai / Green Tea / Peppermint / Chamomile / Lemon & Ginger / Rooibos / Darjeeling

Matcha Green Tea £3.50

whisked with water or a choice of almond milk(N), oat milk(G), or soya milk(S)

Espresso / Americano £2.50

Cappuccino / Latte £3.00

choice of almond milk(N), oat milk(G), or soya milk(S)

Cereal Coffee (G/decaf) £2.50

choice of almond milk(N), oat milk(G), or soya milk(S)

Hot Chocolate £3.00

choice of almond milk(N), oat milk(G), or soya milk(S)

Drinks

Freshly Squeezed Juices £4.50

Carrot, Apple & Ginger / Beetroot & Apple / Carrot & Apple / Carrot & Ginger / Apple & Ginger

Smoothies £6.00

Blue: blueberries, banana, apple juice & açai
Red: strawberries, raspberries, orange juice & goji berries

Green: spinach, cucumber, mango, apple juice & spirulina

222 Milkshake (N) £6.00

almond milk, banana, raw cacao, maca, almond butter & date syrup

Mineral Water (Still / Sparkling)

Small (33 cl)

£1.50

Large (1 L)

£3.50

Organic Bottled Juices £3.50

Apple / Pear / Raspberry & Pear

Organic Soft Drinks £3.00

Karma Cola / Ginger Beer / Lemonade / Elderflower

Organic Lagers (G)

Freedom Lager (33 cl) £4.50

Samuel Smiths Lager (55 cl) £6.50

Organic Wines

Organic House White

(Bordeaux Blanc)

Glass (175 ml)

£5.50

Bottle

£18.50

Organic House Red

(Cotes De Thongue Rouge)

Glass (175 ml)

£5.50

Bottle

£18.50

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